

Personal caving kit **check-list**

1. Undersuit
2. Oversuit
3. Wellies
4. Helmet
5. Lamp
6. Backup lamp
7. Knee-pads
8. Belt or harness
9. SRT kit (if needed):
 1. *harness*
 2. *cowstails and two karabineers*
 3. *safety cord*
 4. *stop and braking karabineer*
 5. *hand jammer and small maillon*
 6. *chest jammer*
 7. *central maillon*
 8. *dangly bag to keep all together*
10. Sleeping bag